

creased blood supply stimulates internal organs and increases their regenerative capacity.

10. Remove extravasated blood as soon as possible (elevation, massage, heat, hydrotherapy), for coagulated blood causes irritation, leading to adhesions, and when present in large amount to fibrous bands. The latter, however, cannot, as a rule, be entirely removed. Remember that the absorption of blood and lymph is most impeded in the distal parts of the limbs, and that the spontaneous absorption in this location must always be supplemented by artificial means.

11. Do not consider it below your dignity, in doubtful cases and in cases where your own technical ability is insufficient, to call in a more experienced practitioner, for by this means not only do you increase your knowledge, but the patient is benefited.

12. Don't neglect mechanics, for our body is a mechanical marvel. Only that person is fitted to repair a complicated machine who understands its mechanism and who is himself a good mechanic.

FRENCH HOMAGE TO ENGLISH HEROINE.

Mlle. Clément, Surveillante Général of the Nursing College of the Salpêtrière, Paris, writes that the *Administration Publique* are very desirous of responding as soon as possible to the wishes of the pupils concerning the memorial to Miss Edith Cavell. We reported last week that the proposal was to name the beautiful Lecture Theatre in the School after the dead heroine.

The Supervisory Charitable Board, under the presidency of M. Paul Strauss, Senator, acting in the name of 5,000 nurses belonging to the hospitals and infirmaries of Paris, has passed a resolution associating itself with the universal indignation caused by the murder of Miss Cavell.

The League of the Rights of Man is organising a great demonstration, to be held at the Trocadero Palace in Paris, on November 28th, in honour of the late Miss Edith Cavell. M. Painleve, who will preside at the gathering, has expressed the opinion that the proud and sublime figure of Edith Cavell stood out from the sombre horrors of this war as a living image of outraged humanity. The Rector of the Academy of Paris has ordered the professors of the various schools to relate and comment upon to their students the story of this heroic martyr and noble victim.

NURSING AND THE WAR.

No one could sit near the nurses under the dome in St. Paul's Cathedral at the Cavell Memorial Service without realising the strain to which the members of the Military Nursing Services have been subjected during the past year. Very weary most of them looked, but resolute and professional in appearance. As a Government official remarked outside the Cathedral, "Uniform or no, you can tell the trained nurse by the steadfast look in her eyes and the curve of her mouth."

There has been a generous response to the appeal made by the National Union of Trained Nurses for clothing for Polish refugees. The Secretary of the Union has received 197 articles of warm clothing for men, women, and children, which have been sent out by the last boat of the season, via Archangel to Petrograd, to be distributed from there to districts where the need is greatest. There will, however, be more supplies sent through other channels shortly, so that any further gifts will be gratefully received and acknowledged by the Secretary, National Union of Nurses, 46, Marsham Street, Westminster, S.W.

At the meeting of the Acton Council Public Health Committee, when the Matron, Miss H. A. Amos, reported that Sister Webb, who has been a member of the staff for the last twelve years, was leaving to join the Anglo-Russian Hospital Unit as Senior Sister, Councillor Boissonnade moved the following resolution, which was carried unanimously: "That this committee desires to express its appreciation of Sister Webb's twelve years' service to the hospital, and its appreciation of the patriotism which sends her to nurse the Russian wounded. It also hopes that at the end of the War, when her services are dispensed with, it may welcome her back to her present position."

La Baïonnette of Paris has some good-natured pictorial skits on the nursing "craze." One picture depicts an unfortunate invalid surrounded by six syrens in Red Cross uniform. One is combing his hair on end, one reads *Le Journal*; a third is spoon-feeding him, another manicuring his nails, a fifth massaging his toes, and the sixth arranging flowers. The unfortunate wounded soldier exclaims: "And they told me that I would get a rest in hospital!"

The *Sheffield Daily Telegraph* is not very kind to the "Society" nurse in the following "par.": "A number of the Society girls who, earlier in the War, deserted homes in Mayfair and Belgravia for hospital wards seem to have tired of the discipline there and returned to their old pursuits. Lunch time sees them in their accustomed places at the Carlton grill room or the Ritz, and a brief experience of the nurse's uniform seems to have

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